

# Craven County Recreation & Parks Adult Beach Volleyball League Rules

## Start of Game

1. Game will begin with a coin toss; the winning team will get choice of first serve, receiving or the side of the net to defend in the first game.
2. Teams will switch sides and first possession in the second game.
3. In the case of a third set another coin toss will occur, teams will switch sides in the third set only, after a team has scored 8 points.

## Players

1. Teams are to be comprised of four players on the court at once.
2. Three players are required to start and continue a match without forfeit.
3. In Co-Rec play, team must be comprised of 2 men and 2 women; or any combination of 2/1.
4. All players must be 14 years or older

## Match Length

1. Matches will consist of a best 2 out of 3 game series.
2. The first two games in will be played to 21 rally scored with no cap.
3. If a third game is required, it will be played to 15 rally scored.
4. The match length will not exceed 45 minutes in length.

## Rules

1. Player Positions
  - a. At the time of service all players must be inside the boundaries of the court.
  - b. Players do not have to play in set positions or rotate.
  - c. Players must maintain the same service order throughout the match.
  - d. If a player is substituted for, he/she must return to the same spot in the service order.
2. Service
  - a. A legal serve will take place from behind the team's end line anywhere inside the sidelines.
  - b. Serving player must remain behind the end line until the ball has been served. If player serves in the air, he/she can land on or inside the line.
  - c. A legal serve must cross over the net; a legal serve can touch the net on the way over.
3. Play at Net
  - a. Player contact with the net, interfering with the play is prohibited.
  - b. In blocking, a player may touch the ball beyond the net provided that he/she does not interfere with opponent's play.
  - c. A player may cross under the net provided it does not interfere with opponent's play.
  - d. Attacking the serve is prohibited.
4. The Line
  - a. The line is IN play.

A complete listing of USA Volleyball Beach Volleyball Rules can also be found at:

<https://ncva.com/downloads/Referee%20Rule%20Book%20-%20Outdoor.pdf>